We are delighted to bring you the first issue of the 2019-20 South Carolina Teacher Leadership newsletter. Our goal is to provide a collaborative resource that highlights state and district level teacher leadership activities, outlines issues related to South Carolina education, and sparks ideas among Teacher Forums.

"It is well within our power to build a world in which the vast majority of us wake up every single morning inspired, feel safe at work and return home fulfilled at the end of the day. With good leaders--great leaders--this vision can come to life."

--Simon Sinek

"Happiness and optimism actually fuel performance and achievement...cultivating positive brains makes us more motivated, efficient, resilient, creative, and productive, which drives performance upward."

--Shawn Anchor

"One intentional choice at a time, you make the world around you better."

--Michael Hyatt

Last month, the Teacher of the Year from each of the state’s districts convened in Myrtle Beach for the 2019-20 SC Teacher Forum Conference. The theme for this year’s conference was "Adventure Awaits." Participants began their own journeys as they learned more about important issues related to education such as social-emotional learning, advocacy, self-care, kinesthetic learning, mindfulness, and many other topics. Chanda Jefferson, the 2020 SC Teacher of the Year, shared her thoughts about the leadership journey. Representatives from Outward Bound prompted participants to consider their leadership tendencies as they worked together to meet a challenge. The event ended with a pinning ceremony in which each teacher was recognized as a teacher leader.
Upcoming Trainings

**SC Mentor Training**
Mentor Training*
Jane. 16-17 Conway
Feb. 18-19 Columbia
June 22-23 Anderson
June 29-30 Spartanburg
Mentor Trainer Certification Training*
Dec. 10-11 Columbia
July 7-8 Spartanburg
* You must meet the eligibility requirements for the training.

Invitation
We are inviting teacher leaders to participate in a virtual book study. There are four virtual meetings; you can participate at any time on the designated days. We will be reading Simon Sinek's new book: *The Infinite Game.*

Please share the invitation with teacher leaders in your District Teacher Forum.

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**Reading Corner**

**Michael Hyatt's *Your Best Year Ever: A 5-Step Plan for Achieving Your Most Important Goals***

Creating the best year ever means understanding certain assumptions about yourself.

- There are 10 domains of life: spiritual, intellectual, emotional, physical, marital, parental, social, vocational, vocational, and financial.

- Each domain affects all of the others, and you must give each attention to make progress.

- You have to understand the truth of your reality.

- Progress and growth are always possible.

- There are three byproducts of professional growth: confidence, happiness, and life satisfaction.

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**Simon Sinek's *The Infinite Game***

Questions for Thought: How can one win almost every battle and still lose the war? Are you playing the wrong game?

What is more important: victory or fulfillment?

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**Shawn Achor's *The Happiness Advantage: How a Positive Brain Fuels Success in Work and Life***

Have you ever thought if I just _____, I'll be happy.

Fill in the blank: make more money, get a title, lose 5 pounds, get into that school, etc.

The truth is that reaching a goal does not make us happy; it makes us move the goalpost of success. Neuroscience and psychology have both proven that the relationship between success and happiness works in the opposite way. Happiness is the precursor to success, not the result. Happiness and optimism lead to improved performance and greater achievement.

What does this suggest about the importance of the culture in which we work and the people with whom we surround ourselves?
CERRA can provide support for your District Forum. Contact Suzanne Koty at Suzanne@cerra.org for more information. Options: Organizational support, presentations, strategic planning, etc.

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