

## 3 – 2 – 1

**Rationale:** A warm, inviting environment that will support participants while creating opportunities to express current emotions regarding scores is important. This activity will help participants begin to build relationships, establish rapport and move toward building trust.

3 - 2 - 1

### Management

Time: 15 minutes

Materials: 3-2-1 handout (WS10.A1.H1)

Equipment: None

Grouping: Whole group

**Outcomes:**

- Participants will meet each other and learn that they have similar feelings and experiences.

**Instructions to NB Candidate Support Provider:**

1. Give out 3-2-1 handout (WS10.A1.H1). Instruct participants to take a few minutes to respond to each prompt.
2. Explain that participants will be moving around and talking with others. When you need them to stop talking, you will raise your hand. They should raise their hands and be prepared to follow your next set of instructions.
3. Ask participants to find a person from another table and share one of his/her new learnings.
4. Ask participants to thank the person they have been talking to and find another person they have not talked to before and share something they know now that they wish they'd known earlier in the process.
5. Ask participants to thank the person they have been talking to and find another person they have not talked to before and share what motivates them.

**Processing:**

- What are you noticing about how your responses compare to those of others?

